

Lucid Light Machine's effects tested in Tibet

In April 2010, members of the Lucia team, Carola and Dirk Proeckl (Neurologist & Inventor of the Lucid Light machine) together with Engelbert Winkler (Psychologist & Inventor of the Lucid Light machine), travelled to Tibet in order to test the effect of Lucia N°03 on people with a great deal of spiritual and meditative experience.

The group was led by the well-known international researcher em. Univ. Prof. Dr. Erlendur Haraldsson (<http://notendur.hi.is/erlendur/english/>). A meeting had been arranged in Lhasa with Buchung Changlochen, who said he was prepared to test Lucia N°03. Buchung is a grandson of the former Tibetan foreign minister and a long-standing student of Lamrim Renpoche and he comes from the family of the 11th Dalai Lama, His Holiness Khedrub Gyatsho. Lucia N°03 was also thoroughly tested by Mr. Lhada who is very experienced in Tibetan dream yoga as well as by Prof. Haraldsson.

All three were very impressed with Lucia N°03, above all by the intensive colour perception that was generated, which was similar to "seeing a mandala with one's eyes shut". Particularly in Tibetan Buddhism mandalas play an especially important meditative role.

After the Lucia N°03 session, Buchung Changlochen reported that the lamp made it possible for him to focus his spirit inward and cut out the outside world. In addition, he had the impression that he left his body together with the colours. The same was experienced by Lhada, who, under the influence of Lucia N°03, fell into a particularly deep trance after only a few minutes.

After the successful experiments in Lhasa, the Lucia team devoted its attention for a few days on research into the importance of the pineal gland in Tibetan Buddhism, in other words, in the much older shaman Bön tradition.

There are calcified natural history specimens in the palace of the Dalai Lama – probably pineal glands taken from the brains of elephants – which are particularly revered as holy relics. This can be seen as an indication of the importance laid on this part of the brain as a central channel for spiritual experiences. In the Bön tradition the experience of enlightenment as a non-dual source of the consciousness of experience corresponds to a multicoloured sphere of light.

According to Winkler, "Both the impressions of our testees and also old Tibetan learning support the thesis that the effect of Lucia N°03 can be directly compared to spiritual experiences. The hypnogogic light experience corresponds to experiences in deep meditation".

Source:
[http://www.gesund-im-licht.at/en/activities/iifmekuwait2010/article/lucia-in-tibet-1.html?tx_ttnews\[backPid\]=47&cHash=6502aa91af51bb8fbc5b0083124a074a](http://www.gesund-im-licht.at/en/activities/iifmekuwait2010/article/lucia-in-tibet-1.html?tx_ttnews[backPid]=47&cHash=6502aa91af51bb8fbc5b0083124a074a)

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