



Yi Jin Jing - Movement names

- 1. Wei Tuo Presenting The Pestle One**
- 2. Wei Tuo Presenting The Pestle Two**
- 3. Wei Tuo Presenting The Pestle Three**
- 4. Plucking A Star And Exchanging A Star Cluster**
- 5. Pulling Nine Cows By Tail**
- 6. Flexing Paws And Displaying Wings**
- 7. Nine Ghosts Drawing Swords**
- 8. Three Plates Falling On The Floor**
- 9. Black Dragon Displaying Claws**
- 10. Tiger Springing On Prey**
- 11. Bowing Down In Salutation**
- 12. Swinging The Tail**